

Evaluation of antibacterial spectrum and phytochemical analysis of *Laurus nobilis* Leaves extracts

Nehad M. Gum Gumjee

Department of Biology, College of Sciences, University of Jeddah, Jeddah, Saudi Arabia.

Abstract

Laurus nobilis is used as medicine and food additives in Saudi Arabia, and also, it could be used to study as antibacterial activity and assessment through agar well diffusion and most susceptible bacteria used was *Pseudomonas aeruginosa*, followed by *Staphylococcus aureus*. Resistant bacteria mostly were *Bacillus subtilis* followed by MRSA while there was no effect on *Micrococcus luteus*. HPLC analysis found the presence of 11 phenolic compounds isolated from *Laurus nobilis* including Gallic Acid, Catechin, Caffeic Acid, Syringic Acid, Rutin, Coumaric Acid, Naringenin, Quercetin, Ferulic Acid, Vanillin, and Cinnamic Acid. The result showed that obtained found variations from the concentration ratio of ethanolic *Laurus nobilis* leaves extract. HPLC illustrated that Rutin, Gallic acid, and syringic acid in high concentrations were 418.37, 81.66, and 34.43 µg/g, respectively and phenolic compounds ranged from 0.21 to 21.42 µg/g and the lowest Cinnamic concentration was 0.21 µg/g.

Keywords: *Laurus nobilis*, Antibacterial, phytochemical constituents

INTRODUCTION

Resistance microorganism causes diseases that have posed a hazard in human and threatens public health. Many studies started in search of new alternatives to prevent disease [1, 2]. Plants consume a rich source of antimicrobial, as also have natural protection products against microbial occurrence [3-5]. *Laurel (L.) nobilis* is an aromatic and commonly used culinary spice in Western and Asian countries such as Saudi Arabia. Cultivation of such a plant was in the Mediterranean and many warm countries. The aromatic tree is 2 m to 10 m high [6]. Leaves and berries are mainly used as sauce and spice aroma [7]. *Laurus nobilis* leaves are used to treat diseases. Essential oils and organic acids in this plant have shown strong antibacterial action against pathogenic strains [7-10]. The leaves have been examined ingredients. The *Laurus nobilis* composition and yield are influenced by different factors, including extraction method, plant parts, yield season, growth environment, etc. In the present study, the ethanolic extract of *Laurus nobilis* leaves was examined using HPLC. This work will help to identify the phenolic compounds, which can be used in beneficial values. This study aimed at evaluating the chemical composition and antibacterial spectrum of *Laurus nobilis* leaves extract in Saudi Arabia.

MATERIALS AND METHODS

Collection and preparation of samples

Samples of *Laurus nobilis* leaves were collected during May 2019 from Albahahrigon (19°98' 28"N, 41°52' 50"E) southwest Saudi Arabia from cool slopes at 2050 m.a.s.l.)

Saudi Arabia, the species status of this plant was fervid at the faculty of Sciences Herbarium, King Abdulaziz University, Jeddah. The plant leaves were transported to the laboratory, washed in running tap water to eliminate dust particles and debris and then washed in distilled water for five minutes.

Preparation of *Laurus nobilis* leaves extracts

Ten grams of dried *Laurus nobilis* leaves washed to cutting to small pieces (1-2 mm) and adding 100 ml of distilled water and ethanol extract (1:10W/V)/48h and filtration later. Solutions evaporated with pressure (40°C) until dryness and diluted by dimethyl sulfoxide (DMSO) and stored at 20°C [11].

Phytochemical screening

Phenolic extraction

Phenolic extraction was conducted according to Mattila *et al.* [12]. 15 ml of 4N NaOH was added to 0.2L of water extract in a

Address for correspondence: Nehad M. Gum Gumjee,
University of Jeddah, collage of science, Department of Biology
Jeddah, Saudi Arabia.
E-mail: dr.nehad @ windowslive.com

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50-ml Pyrex centrifuge tube purged with nitrogen and shaken in the dark for 2h with a wrist-action shaker. After phenolic acids liberated by alkaline hydrolysis, the samples were acidified with ice-cold HCl (6N) to decrease pH to 1-2. Then the solution was centrifuged at 3000g and the supernatant was decanted into a 250-ml separator/funnel. The supernatant was extracted with ethyl acetate (3×50ml) by shaking for 10s and the mixture was allowed to settle for 5min between extractions. Ethyl acetate fractions were collected and pooled. The second supernatant was re-extracted with ethyl acetate (3×50ml) as before and all ethyl acetate fractions were pooled.

HPLC Analysis

Phenolic was separated according to Shimaduz (Kyoto, Japan) HPLC apparatus (model, LC-4A) equipped with visible/UV detector (model, SPD-2AS) at 280 nm and stainless steel column (25.0cm × 4.6mm i.d.).

Antibacterial Assay

Three Gram-negative bacteria: *Escherichia coli* (ATCC8739), *Klebsiella pneumonia* (ATCC700603), and *Pseudomonas aeruginosa* (ATCC27853) and four Gram-positive bacteria: *Bacillus subtilis* (ATCC11774); Methicillin-resistant *Staphylococcus aureus* (MRSA) (ATCC977), *S.aureus* (ATCC29213), and *Micrococcus luteus* (ATCC4698) are used to evaluate the efficacy of the extract. The tested strains were subcultured in nutrient agar medium slopes. The stock cultures were stored at 4°C.

Antibacterial Activity

The activity of bacterial strains was determined using the agar well diffusion assay methods according to Holder and Boyce [13]. DMSO was used as the negative control and streptomycin and ciprofloxacin (10 mg/disc) were used as the positive controls. Bacterial cultures were incubated at 37°C for 24h. Antimicrobial was determined by measuring the zone of inhibition [14].

Statistical Analysis

Means of variable and standard error were accepted using SPSS to detect any significant differences between pathogenic microorganisms and extract type.

RESULTS AND DISCUSSION

Antibacterial influence of the ethanolic extracts of *Laurus nobilis* leaves using disc diffusion against 4 Gram-positive bacteria and three Gram-negative bacteria at 200 mg/ml, *Laurus nobilis* leaves extract given high activities against the tested organisms. The most susceptible strain was *P. aeruginosa* followed by *S.aureus*, while the most resistant strain was *Bacillus subtilis* followed by MRSA and the diameter of inhibition zones against bacteria was 29.00mm, 28.00mm, 17.00mm, and 18.00mm, respectively (Table 1). This study was consistent with the study conducted by Ramos *et al.* [15] in which the antibacterial effect of different solvent extracts and separated ingredients of *Laurus nobilis* were evaluated and showed strong antibacterial action with the ethanol extract against pathogenic bacteria

and foodborne spoilage. Noriakietal [16] found antimicrobial activity against many pathogens including opportunistic Gram-positive bacteria. In addition, the present results are in line with Al-Hussaini and Adel. [17] who showed that the leave extract of *L. nobilis* was additionally active against *B.subtilis* and *P. aeruginosa* in contrast to Gram-negative bacteria. Also, Erturk [18] described eleven ethanolic extracts of spices for in vitro antibacterial effect against *Pseudomonas aeruginosa*, *Escherichia coli*, *Staphylococcus aureus*, and *Bacillus subtilis*, which was in line with the current results. Antimicrobial activities of standard antibiotics (Streptomycin (10 µg/disc) and Ciprofloxacin (10µg/disc)) had an inhibitory effect against all the tested bacteria. Ciprofloxacin is more effective than streptomycin (Table 1). Antimicrobial activity of *Laurus nobilis* leaves in terms of inhibition zone (mm) of the ethanolic extracts were tested at the concentration of 0.5 mg/ml against microorganisms. *Laurus nobilis* extract leaves has antimicrobial action against *P. aeruginosa*, *S.aureus*, *Klebsiella pneumonia*, and *E. coli* with inhibition zone of 29, 28, 26, and 24 mm, respectively, which was considerably higher than that of the control (Streptomycin) with the inhibition zones of 22, 19, 25, and 23 mm, respectively and no inhibition zone against *Micrococcus* strain that was parallel with Shital [19]. Inhibition diameters against bacteria are shown in Table (1). EL Malti and Amarouch [20] reported the average inhibition zone of *L. nobilis* leaves extract ranged from 7mm (*Pseudomonas aeruginosa* ATCC 27853) to 20mm (*L. monocytogenes*). The results presented antibacterial use of the bay extract for the treatment of *S. aureus* infection [21] and on human pathogenic bacteria by disc diffusion method via the average inhibition zone against 9 bacteria strains. *L. nobilis* effects on bacteria more than that of tetracycline antibiotic. Extract of *L. nobilis* presented strong anti-bacterial activity similar to the finding of Moghtader and Farahmand [22].

Table 1. The antibacterial activity of ethanolic extracts of *Laurus nobilis* leaves compared to antibiotics against different pathogenic bacteria.

Bacterial strains	Diameter of the inhibition zone (mm) Mean ± SD		
	<i>Laurus nobilis</i> leaves extracts	Streptomycin (10 µg/disc)	Ciprofloxacin (10µg/disc)
<i>Bacillus subtilis</i>	17.67±0.58	25.00±00.00	34.00±00.00
MRSA	19.00±1.00	20.00±00.00	36.00±00.00
<i>Micrococcus luteus</i>	00.00±00.00	27.00±00.00	46.00±00.00
<i>Staphylococcus aureus</i>	28.00±00.00	19.00±00.00	38.00±00.00
<i>Klebsiella pneumonia</i>	26.00±00.00	25.00±00.00	42.00±00.00

<i>E. coli</i>	24.67±0.58	23.00±00.00	44.00±00.00
<i>Pseudomonas aeruginosa</i>	29.00±00.00	22.00±00.00	42.00±00.00

Phytochemical Screening of *Laurus nobilis*

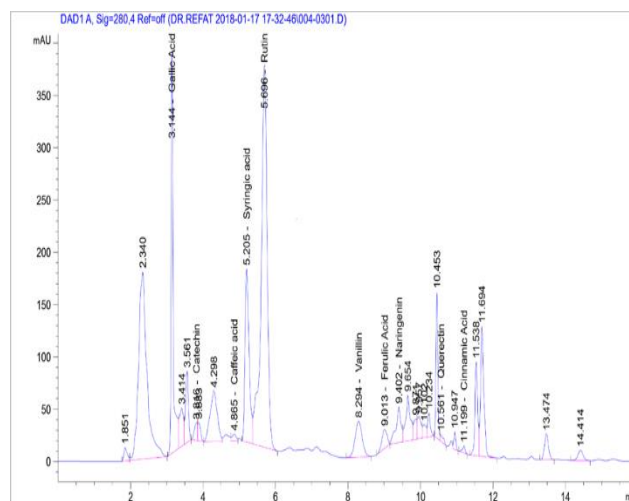
HPLC analysis found the presence of 11 phenolic compounds isolated from *Laurus nobilis* including Quercetin, Rutin, Syringic Acid, Coffeic Acid, Catechin, Gallic Acid, Coumaric Acid, Vanillin, Ferulic Acid, Naringenin, and Cinnamic Acid). HPLC showed Rutin, Gallic acid, and syringic acid at high concentrations of 418.37, 81.66, and 34.43 µg/g, respectively. Phenolic compounds' concentrations ranged from 0.21 to 21.42 µg/g and Cinnamic Acid had the minimum concentration (0.21 µg/g) (Table 2).

These results are consistent with the results of Stefano et al. [23] who showed that phytochemicals had many flavonoid derivatives. Semipreparative HPLC of laurel leaves found 10 flavonoid O-glycosides, under the best extraction by Muñoz-Márquez et al. [24]. Active principles identified showed antimicrobial activity against test organisms parallel to the observations of Gumgumje et al. [25], Gumgumje & Hajar [26], and Hajar & Gumgumje [27]. The extracts from various parts of *L. nobilis* consisted of 1, 8 Cineole, sabinene, α -pinene, and p-Cymene and many biological and pharmacological characterization recorded the antibacterial effect of *L. nobilis* leaf extract [28]. These results are consistent with the results by Muñoz-Márqueza et al. [29] in which the phytochemical screening by HPLC analysis determined 4 phenolic compounds in the extract: coumaric, gallic, pyrogallol and resorcinol. Further studies involved in each compound are required. Previous studies established the presence of other phenolic compounds in *L. nobilis*. Muñoz-Márqueza et al. [30] documented the presence of caffeic, vanillic, and ferulic acids. Lu et al. [31] found rutin and unknown phenolic acids. Environmental conditions had effects on phenolic compounds in plants [32, 33]. Chemical analysis of *L. nobilis* extract showed the presence of alkaloids, flavonoids, tannins, and essential oil [34]. In addition, a study by Ramling et al. [35], showed that *Laurus nobilis* leaves produced four nonpolar flavonoids kaempferol-3-O- α -L-(3",4"-di-E-p-coumaroyl)-rhamnoside, kaempferol-3-O- α -L-(2",4"-di-E-p-coumaroyl)-rhamnoside, kaempferol-3-O- α -L-(2",4"-di-Z-p-coumaroyl)-rhamnoside [36]. 5 discovered megastigmane glucosides called laurosides A-E were isolated as novel phenolic glucoside from methanolic extract of *L. nobilis* leaves. Kaempferol-3-rhamnopyranoside, and kaempferol-3, 7-di-rhamnopyranoside isolated from *Laurus nobilis* aqueous and ethanolic extracts [37] (Table 2).

Table 2: Chemical composition analysis of *Laurus nobilis* leave extracts.

Phenolic compounds	Area	Conc. (µg/ml)
Gallic Acid	1502.94	81.66

Catechin	93.90	21.42
Coffeic Acid	52.51	1.33
Syringic Acid	1308.59	34.43
Rutin	4245.16	418.37
Coumaric Acid	0.00	0.00
Vanillin	464.16	8.87
Ferulic Acid	178.52	2.85
Naringenin	324.70	12.14
Quercetin	41.31	1.28
Cinnamic Acid	34.38	0.21



CONCLUSION

High differences in volatile components of the ethanolic extract of *Laurus nobilis* leaves are related to diverse geographic origins, growing conditions, periodic conditions, and procedures. Major compounds in *Laurus nobilis* leaves were Gallic acid, catechin, coffeic acid, syringic acid, Rutin, coumaric acid, vanillin, ferulic acid, naringenin, Quercetin, and cinnamic acid. The leaf of *Laurus nobilis* had high pharmacological actions such as antimicrobial and a variety of constituents in that could be responsible for an extensive range of biological activities of the plant.

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