

DO-005

**RELATIONSHIPS TO THE LEVEL COMPLIANCE WITH PATIENT COUNSELING  
THERAPY METHADONE MAINTENANCE AT HEALTH CENTERS CENGKARENG IN  
WEST JAKARTA**

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**ABSTRACT**

Methadone maintenance therapy is one therapeutic option that is effective in helping users to stop injecting opioids or reduce the use of opioids. For that patient compliance is required to undergo therapy with counseling. This study aims to determine the demographic picture, factors which inhibit therapy, the offers of drug abuse, particularly heroin, factor inhibiting therapy and counseling relationship on the level of patient adherence to methadone maintenance therapy. This study is a descriptive analytical study with primary data collection through a questionnaire to 81 patients in methadone maintenance therapy at Health Centers Cengkareng of West Jakarta period 2008 until 2010. The data obtained were processed using chi-square test ( $p = 0.05$ ). The results showed that 81 patients undergoing methadone maintenance therapy, the patients were male largest 73 people (90.12%) at age category 25-49 years as many as 69 people (85.18%), with recent high-school education as many as 53 people (65.43%) and 55 patients (67.90%) have had to work. A total of 68 patients (83.95%) stated that the main factors that encourage them to run therapy is the willingness of patients to recover. However, 38 patients (46.91%) claimed never get a bid for re-use the drug. One of the biggest inhibiting factors for 34 patients (41.98%) to run a therapy is the job they have. There is a significant relationship between the level of patient compliance in the presence of methadone maintenance therapy counseling at health centers Cengkareng, West Jakarta.

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